INTERNET SAFETY FOR PARENTS

Anti-Bullying & Behaviour Service

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INTERNET SAFETY

Social Networking – the use of dedicated websites and applications to interact with other users, or to find people with similar interests to one's own.

Social Media – websites and applications that enable users to create and share content or to participate in social networking.

Cyberbullying - the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature.

DID YOU KNOW…

Images and videos get 8,500 likes and 1,000 comments per second on Instagram

400 million snaps are sent on Snapchat each day

On Instagram, photos showing faces are 38% more likely to get 'likes' than photos without faces

The equivalent of 110 years of live video is watched on Periscope every day.

300 million photos are uploaded to Facebook every day

SAFETY

Safety at home

Safety at school

Safety in the community

What about safety on the internet?

Do you know who your child is talking to on line?

Do you know what your child is doing on line?

WHERE'S KLAUS

https://www.youtube.com/watch?v=-IOOn2wR8bU

THE DISADVANTAGES TO SOCIAL NETWORKING

Cyberbullying

Hacking

Addiction

Online Grooming

Access to pornography

Sexting

Access to dangerous stunts

Health issues

Reputation/Footprints

Lacks emotional connection

Gives people a license to be hurtful

Decreases face to face communication skills

Facilitates laziness

Creates a skewed self image

Reduces family closeness

Causes distraction

Access to premium rate apps

ADVANTAGES OF SOCIAL NETWORKING

Friendships and relationships can be strengthened

Social networks offer social support

Young people learn to be more technically adept

Social networking contributes to their education

The children can learn from many viewpoints they learn on social network

It helps them to keep in touch with family members

It cheers them up

Feedback boosts self esteem

New friends are just a click away

Sharing pictures easily

Cheap entertainment

Somewhere to turn for advice

A place to try out their honesty

SOCIAL NETWORKING SITES

There are now more ways than ever before to create, edit and share images and videos online.

SNAPCHAT

Snapchat explains that is not ok to snap the following:

Pornography
Nudity or sexual content involving minors
Invasions of privacy
Threats
Harassment
Impersonation

13+
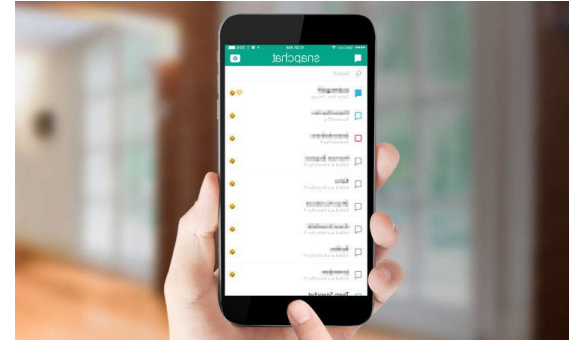
'Snapstory' where you can put your 'snaps' on your 'story' for more than one person to see for 24 hours.

The ability for young people to share user-generated photos, texts and videos, ie 'snaps'

Snaps can last on the screen of the receiver for a matter of seconds before disappearing.

Blocking: **When you use the blocking feature, the person you block can't view your snaps or your Snapstory and they can't send you snaps either.**

Privacy settings: Only those who you add as friends can view your snaps. If someone who you haven't added sends you a snap, you will get a notification, but you have to add them as a friend to see what they sent you. You can change who can see your snaps by changing your privacy settings.

Reporting: If you experience harassment, or bullying, you can report inappropriate snaps.

bUllYING

INSTAGRAM

a photo and video sharing app

can connect with one another through comments, captions and hashtags on photos and videos.

Instagram's five short rules

Post your own photos and videos
Keep your clothes on
Be respectful
Don't spam
HAVE FUN!

Blocking: When people use the blocking feature, the person they block can't view their posts or search for their Instagram account.

Reporting a Post: You can report inappropriate posts, comments or people by using the built-in reporting features in the app.

Deleting or Reporting Comments: You can flag or delete a comment as abuse or spam by swiping left on it.

Privacy Settings: You can adjust your privacy settings to make your account private. This means that anyone who wants to see your photos or videos, followers, or following lists will have to send you a follow request for you to approve or ignore.

INSTAGRAM TIPS FOR PARENTS PAGE

https://help.instagram.com/154475974694511

FACEBOOK

https://www.facebook.com/safety/bullying/
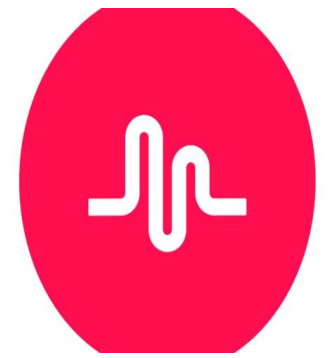

https://www.facebook.com/safety

MUSICAL.Y

users express themselves through singing, dancing, lip synching and comedy in 15 second videos that can be shared with others in the Musical.ly community.
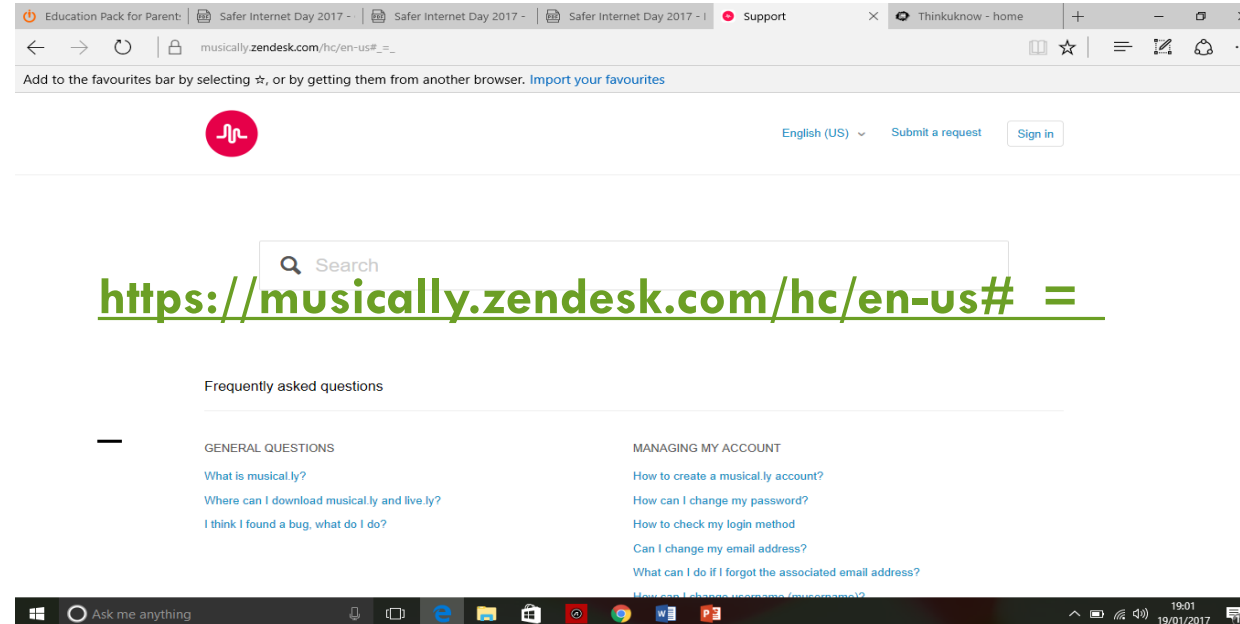
Rules are:
- Don't post explicit content or nudity
- Don't spam comments
- Don't bully or harass other users
- Don't post personal information

https://musically.zendesk.com/hc/en-us#_=_

Privacy settings: For control over who can see your videos, you can apply privacy settings to ensure you are interacting with people you know. If you have a private account, your friends will need to follow you and you will need to approve them in order for them to see your videos.

Blocking: If someone is bothering you on Musical.ly, you can block them.

Deleting: If a fan is bothering you, you can swipe left to delete them.

Reporting: If you see inappropriate content on Musical.ly, you should report it by clicking on the button with three dots and then click 'report abuse'. Should you violate the community guidelines, your account may be removed without warning. If you are a parent and you are concerned with what your child is posting, you can email info@musical.ly

YOUTUBE

Flag content: report content that breaks the community guidelines (**watch video**)
Safety Mode: restrict access to age-inappropriate content
Video privacy settings: you can make videos public, unlisted or private
Blocking: prevent someone from commenting on your videos or sending you messages
Comment moderation: stay in control of who can post comments on your videos
File a privacy complaint: you can request the removal of videos that include your image, full name or personal information

GAMING

Positives

- can have educational benefits

- develop problem-solving

- team working skills and understanding

- Multi player games enables to play against others

- They boost your memory. ...

- They increase coordination. ...

- They're good for cognitive health. ...

- They reduce stress and depression. ...

- They can sharpen your decision making

Negatives

- Age appropriate games are there to keep your child safe

- games allow your child to behave very differently from their normal persona.

- Video game addiction

- Lack of control

- Loss of time

- Negative behaviour in other aspects of life

- Hiding from problems or true feelings

- Mixed feelings – e.g. guilt

- Spending money uncontrollably

- Seeing content that is not age appropriate

- they may or may not know who they are playing

- young people are playing against others who are in a different time zone to them, it can put pressure on them to stay up late.

- Gamers can be strangers that are not who they say they are

GAMING ADDICTION - PROBLEMS

- Most non-school hours are spent on the computer or playing video games

- Falling asleep in school

- Falling behind with homework

- Academic levels suffer

- Lying about computer or video game use

- Choosing to use the computer or play video games, rather than see friends

- Dropping out of other social groups (clubs or sports)

- Being irritable when not playing a video game or being on the computer

Physical symptom's:

- **Carpal tunnel syndrome**
- **Sleep disturbances**
- **Backaches or neck aches**
- **Headaches**
- **Dry eyes**
- **Failure to eat regularly or neglecting personal hygiene**

JIGSAW

https://www.youtube.com/watch?v=_o8auwnJtqE&index=21&list=WL

KEEPING SAFE

- explore the online world together
- talk to your child about staying safe online
- manage the software and tools your family use
- agree rules about what's ok and what's not

Talking Points be share aware:

- What's 'personal information' and why's it important? (emails, name, phone number, school names etc.)
- Not everyone's who they say they are online – be careful sharing thoughts and feelings with people you've only met online.
- Choose usernames that don't reveal personal information.
- What images and photos might be OK to share? Think about what you share with friends. Once it's online, it's out of your control.

Things to do
- **Find sites and apps you think are suitable and check them out with your child.**
- **.Break your Share Aware conversations into smaller chunks – your child will find it much easier to take it all in.**
- **Go over points you've spoken about before to make sure your child understands**

MCAFEE'S TIPS TO REMEMBER

https://www.youtube.com/watch?v=hqezbib5qpQ&index=14&list=PLyvXuYTOBo3bYQAQ-6sMDs4EMsL4CACXl

TOP TIPS TO TELL YOU KIDS

Protect your online reputation: use the services provided to manage your digital footprint and 'think before you post.' Content posted online can last forever and could be shared publicly by anyone.

Know where to find help: understand how to report to service providers and use blocking and deleting tools. If something happens that upsets you online, it's never too late to tell someone.

Don't give in to pressure: if you lose your inhibitions you've lost control; once you've pressed send you can't take it back.

Respect the law: use reliable services and know how to legally access the music, film and TV you want.

Acknowledge your sources: use trustworthy content and remember to give credit when using others' work/ideas.

CYBERBULLYING

tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child

It has to have a minor on both sides, or at least have been instigated by a minor against another minor.

Once adults become involved, it is plain and simple cyber-harassment or cyberstalking. Adult cyber-harassment or cyberstalking is **NEVER** called cyberbullying.

Children have killed each other and committed suicide after having been involved in a cyberbullying incident.

It's against the law in the UK to use the phone system, which includes the internet, to cause alarm or distress.

TYPES OF CYBERBULLYING

Harassment

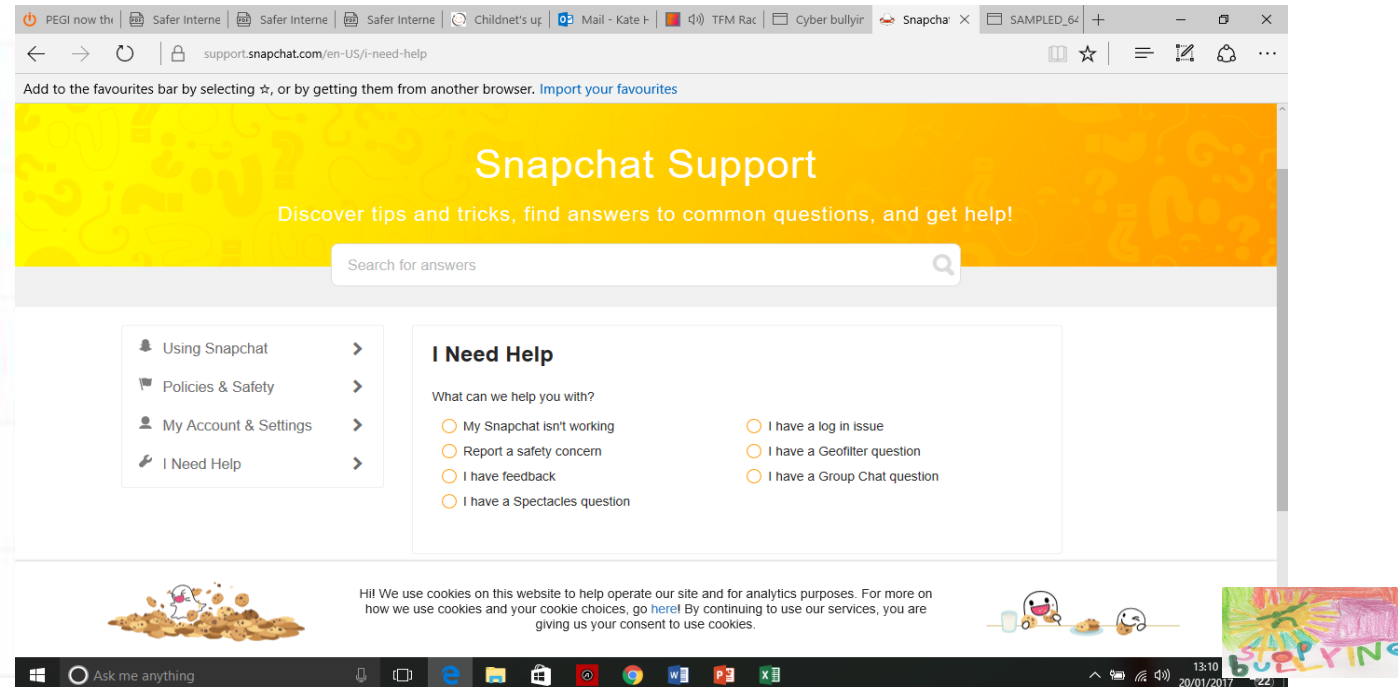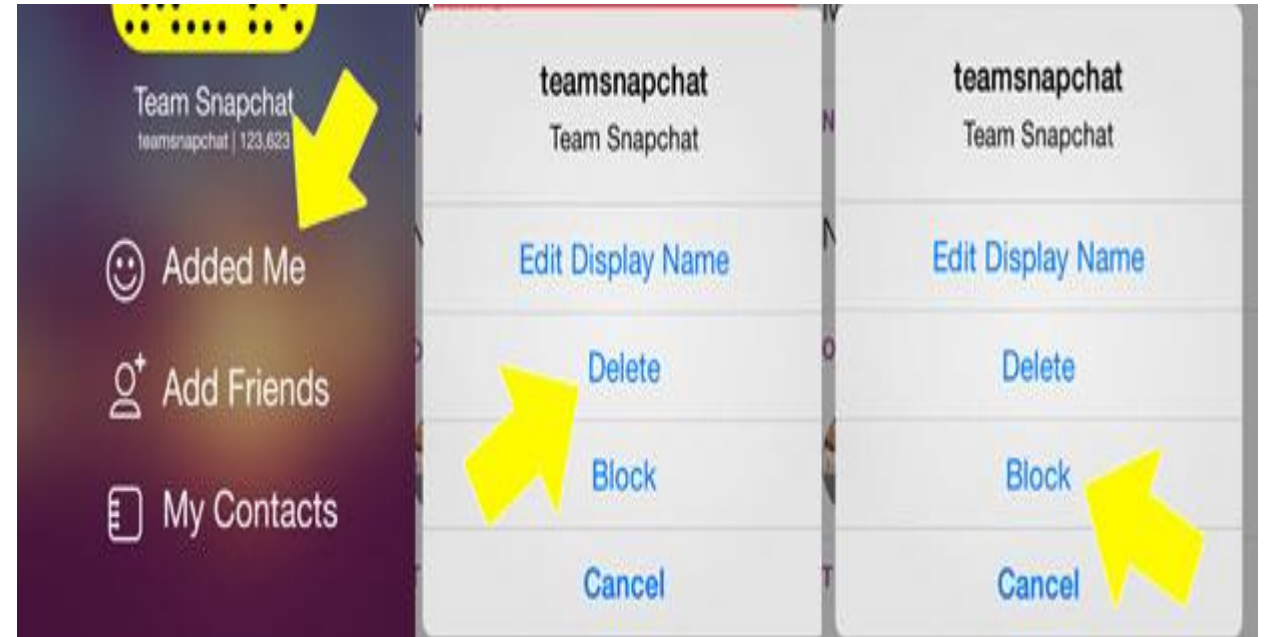Denigration

Flaming

Impersonation

Outing and Trickery

Cyber Stalking

Exclusion

CYBER BULLYING - CREATE NO HATE
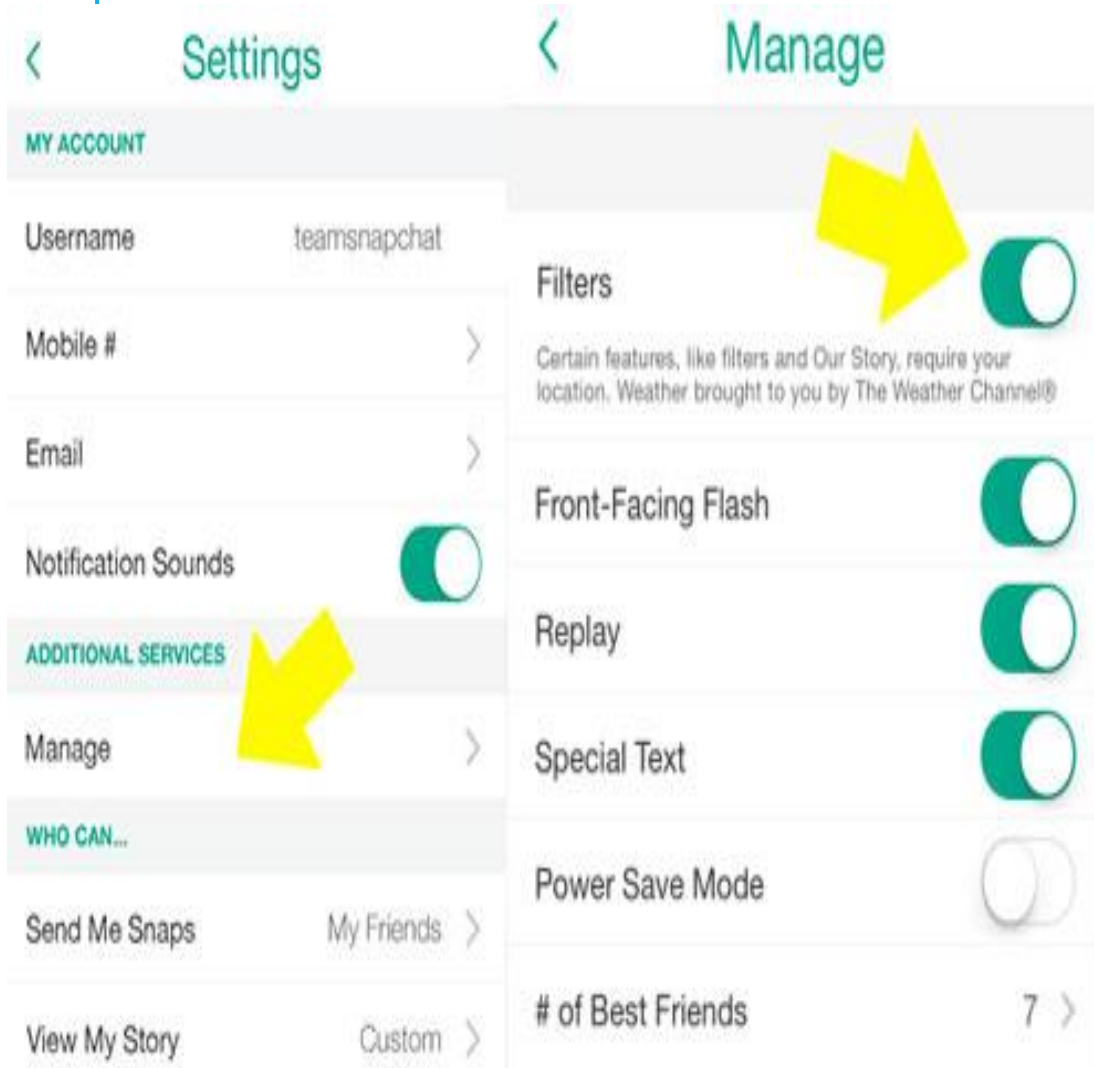
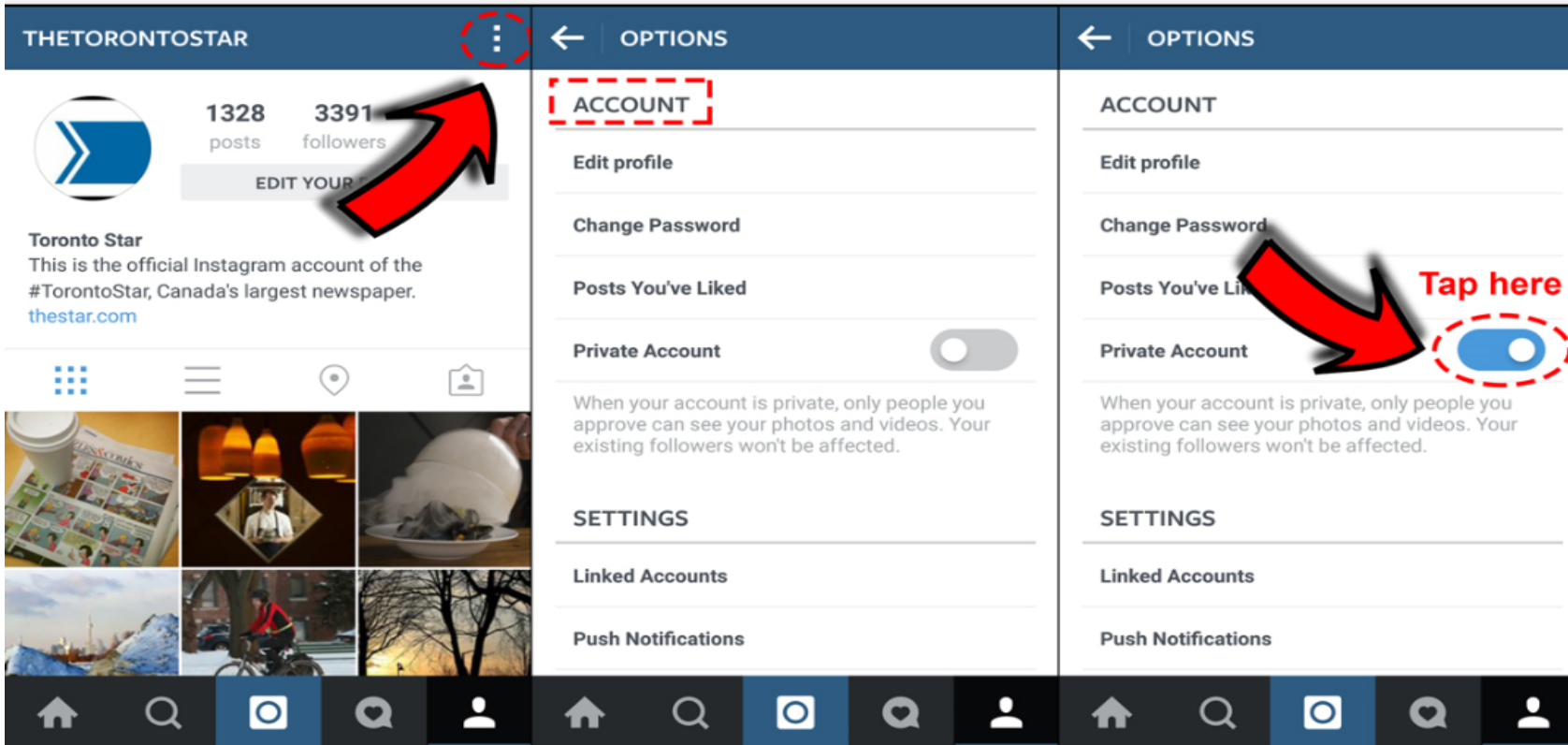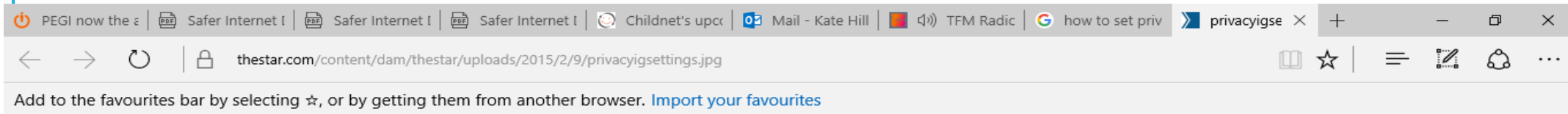https://www.youtube.com/watch?v=MV5v0m6pEMs&list=WL&index=31

SNAPCHAT HOW TO SET PRIVACY SETTINGS, BLOCK AND REPORT:

INSTAGRAM PRIVACY SETTINGS

1) Go to your profile options   2) Scroll to Account   3) Select Private Account

HOW TO BLOCK OR REPORT ON INSTAGRAM:

Blocking someone's account

- Your safety comes first